

Foreword



Evidence-based practice is the cornerstone of internationally acclaimed correctional services. I am very pleased to witness the continuous development of the research work in our Department. The establishment of the Correctional Rehabilitation Research Unit on 26 February this year certainly marked an important milestone in our research work.

It is the great pleasure of the committee of the new Unit to introduce the first issue of *Insight -- Correctional Rehabilitation Research Bulletin*. Through this publication, we would like to share meaningful insights drawn from the research conducted in different parts of the world for guiding the strategic planning of our rehabilitation work. We look forward to presenting our research findings through this bulletin in the future.

To kick off, we would like to discuss “*What Works: How Research Can Help in Offender Rehabilitation*” in this first issue. It is our great honour to have the Research Consultant of the Unit Dr. Frank Porporino to share with us his insights into how research contributes to finding “what works”. Besides, we will discuss insights drawn from the findings from both overseas and local research in three areas. We will introduce “Rehabilitative Security”, a new concept in penal management, and discuss how it works. We will also discuss what works for male and female persons in custody, and introduce the benefits brought by sports for males and those by psycho-art and psycho-drama for females.

I hope this bulletin will inspire discussions within our Department and promote professional exchanges with our counterparts for continuous enhancement of our rehabilitation services.

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