## Foreword



Evidence-based practice is the cornerstone of internationally acclaimed correctional services. Our Department has been making significant strides in rehabilitative services by integrating local innovations with international research and practices, as well as continuously refining our programmes based on local research.

*"What Works: How Research Can Help in Offender Rehabilitation"* continues to be the theme of this issue. We begin with insights from Professor Patrick LEUNG, our honourable Research Consultant and Research Professor of The Chinese University of Hong Kong, on the continuity and discontinuity of antisocial behaviours and what works to break the vicious cycle in human developmental science. Next, we explore "what works" in our newly launched educational programme, the Ethics College, the Rehabilitation Dog Service and the strength-based youth psychological programme. I am delighted to share these *rehabilitative services not only support the life transformation of persons in custody but also enhance the well-being of correctional staff.* 

I hope this research bulletin provides valuable insights to the field, and fosters professional exchanges and discussions within our Department and among correctional leaders and practitioners. Together, we are committed to establishing a safer and more effective rehabilitative system.

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